

BIG IDEAS

<p>Career-life development includes ongoing cycles of exploring, planning, reflecting, adapting, and deciding.</p>	<p>Career-life decisions influence and are influenced by internal and external factors, including local and global trends.</p>	<p>Engaging in networks and reciprocal relationships can guide and broaden career-life awareness and options.</p>	<p>A sense of purpose and career-life balance support well-being.</p>	<p>Lifelong learning and active citizenship foster career-life opportunities for people and communities.</p>
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Learning Standards

Curricular Competencies	Content
<p><i>Students are expected to be able to do the following:</i></p> <p>Examine</p> <ul style="list-style-type: none"> Recognize personal worldviews and perspectives, and consider their influence on values, actions, and preferred futures Analyze internal and external factors to inform personal career-life choices for post-graduation planning Assess personal transferable skills, and identify strengths and those skills that require further refinement Explore and evaluate personal strategies, including social, physical, and financial, to maintain well-being <p>Interact</p> <ul style="list-style-type: none"> Collaborate with a mentor to inform career-life development and exploration Engage with personal, education, and employment networks to cultivate post-graduation resources and social capital Create and critique personal and public profiles for self-advocacy and marketing purposes Demonstrate and reflect on inclusive, respectful, and safe interactions in multiple career-life contexts 	<p><i>Students are expected to know the following:</i></p> <p>Personal career-life development</p> <ul style="list-style-type: none"> mentorship opportunities competencies of the educated citizen self-advocacy strategies factors that shape personal identity and inform career-life choices strategies for personal well-being and work-life balance reflection strategies employment marketing strategies rights and regulations in the workplace, including safety <p>Connections with community</p> <ul style="list-style-type: none"> social capital and transferrable skills, including intercultural, leadership, and collaboration skills career-life exploration ways to represent themselves, including consideration of personal and public profiles, digital literacy, and citizenship

Learning Standards (continued)

Curricular Competencies	Content
<p>Experience</p> <ul style="list-style-type: none"> • Explore possibilities for preferred personal and education/employment futures, using creative and innovative thinking • Identify and apply preferred approaches to learning for ongoing career-life development and self-advocacy • Engage in, reflect on, and evaluate career-life exploration <p>Share</p> <ul style="list-style-type: none"> • Reflect on experiences in school and out of school, assess development in the Core Competencies, and share highlights of their learning journey • Design, assemble, and present a capstone 	<p>Career-life planning</p> <ul style="list-style-type: none"> • self-assessment to achieve goals that advance preferred career-life futures • methods of organizing and maintaining authentic career-life evidence • career-life roles and transitions • diverse post-graduation possibilities, including personal, educational, and work options • labour market trends and local and global influences on career-life choices • post-graduation budget planning • capstone guidelines • approaches to showcasing the learning journey