**Area of Learning: ARTS EDUCATION — Dance: Dance Technique and Performance Grade 10**

**BIG IDEAS**

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| Growth as a dancer requires perseverance, resilience, and **risk taking**. |  | Dancers collaborate through critical reflection, creative co-operation, and the exchange of ideas. |  | Dance technique and performance skills are embodied and developed in a variety of genres or styles. |  | Dancers **create, perform, and respond** to dance as an art form. |  | **Aesthetic experiences** have the power to transform the way we see, think, and feel. |

**Learning Standards**

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| **Curricular Competencies** | **Content** |
| *Students are expected to be able to do the following:*Explore and create* Demonstrate **kinesthetic awareness** of dance elements and techniques
* Explore specific or a variety ofgenres or styles from historical and contemporary cultures
* Develop an articulate and expressive body through anatomically and developmentally sound movement principles
* Explore the interplay of movement, sound, image, and form used to convey meaning in dance
* Express a range of meanings, intents, and emotions
* Select dance elements and technical skills to intentionally create a particular mood, meaning, or purpose
* Experiment with dance elements, principles, techniques, vocabulary, and symbols to create innovative movement phrases
* Perform movement phrases in large-group, small-group, and solo contexts
* Consider audience and venue while composing, rehearsing, and performing

Reason and reflect* Describe, analyze, interpret, and **respond** using dance-specific language
* Refine dance concepts and technical skills
* Reflect on rehearsal and performance experiences
* Observe, generate, and apply constructive feedback
* Demonstrate awareness of personal and social responsibility toward self, others, audience, and **place**
* Reflect on the influences of social, cultural, historical, political, and personal context on dance
 | *Students are expected to know the following:** **elements of dance**
* technical skills specific to a **technique**, **genre, or style**
* anatomically and developmentally sound **movement principles**
* kinesthetic and spatial awareness
* bones, muscles, and joints
* **safety protocols**
* **rehearsal and performance skills**
* **dance notation**
* the role of dancers, choreographers, and audiences in a variety of contexts
* contributions of key dance innovators in specific genres, contexts, periods, and cultures
* local and intercultural performers
* traditional and contemporary First Peoples worldviews and cross-cultural perspectives communicated through movement and dance
* history and theory of a dance technique, genre, or style
* ethics of **cultural appropriation** and plagiarism
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**Area of Learning: ARTS EDUCATION — Dance: Dance Technique and Performance Grade 10**

**Learning Standards (continued)**

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| **Curricular Competencies** | **Content** |
| Communicate and document* Use technical vocabulary to describe, document, and respond to dance experiences and performances
* Communicate and interpret ideas and emotions through the language of dance
* Use dance to communicate and respond to local issues
* Express cultural identity, perspectives, values, and emotions through dance

Connect and expand* Demonstrate personal and social responsibility associated with creating, performing, and responding to dance, including movement, music, thematic, and costume choices
* Explore First Peoples perspectives and knowledge, other **ways of knowing**, and local cultural knowledge to gain understanding through movement and dance
* Explore educational, personal, and professional opportunities in dance or related fields
* Make connections through dance with local, regional, and national issues and communities
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